

Adjustments to compensate for a disability: Checklist for your medical certificate

What should the medical certificate contain?

To assess your request for individual adjustments to compensate for a disability or chronic illness, we require a current medical certificate.

For **physical disabilities** the certificate must be issued by a Swiss Medical Association (FMH) doctor who is a recognised specialist in the respective disability (according to the medical professions register [MedReg](#)). For **psychological disabilities** the certificate must be issued either by a specialist in psychiatry and psychotherapy (according to [MedReg](#)) or by a neuropsychologist / psychological psychotherapist authorised to practise on their own authority (according to the psychology professions register [PsyReg](#)).

Please release the corresponding specialist from their duty of confidentiality and arrange for them to issue a certificate which, with your approval, contains the information listed below. Normally the certificate should not be more than one year old.

The medical certificate **must contain the following information**:

1. Letterhead with the medical specialist's name and title;
2. Patient's name, address and date of birth;
3. Diagnose(s) as per the ICD-10 classification system, with a 4-digit code (example: ICD-10 F84.5);
4. In cases of dyslexia and AD(H)D the certificate must include a neuropsychological or logopaedic / paediatric development clarification (including details of the tests performed, norms and results). This clarification may not be more than two years old;
5. A description of the functional limitations affecting academic performance, with particular regard to perception, cognition, behaviour and physical function;
6. A description of the development trend of the disability, particularly in terms of stability, progressivity or degressivity;
7. A description of medical and other measures taken to date to alleviate the disability;
8. Recommendations for support measures during studies (strategies, aids, supervision);
9. A description of the extent of the health restrictions and their consequences for the capacity to study or sit examinations, with special inclusion of concrete, appropriate suggestions in the context of performance assessments;
10. date and signature of the specialist.